

Life at Red's Place



Reimagining what seems possible

We Believe...

- In the transformational power of independence. At Red's Place, we focus on helping residents feel supported, proud, and connected.
- That each resident must have unlimited access to a dedicated independence coach. This coach serves as a guide and a liaison not only for the residents but also for their loved ones.
- Coaches are imperative to helping residents connect to the multifaceted offerings built into their living and learning community - whether it be a daily reminder of a task often forgotten or bringing awareness to unique opportunities.
- Classrooms and hands-on commercial learning spaces help residents gain skills that they will use to navigate daily life.

But, at Red's Place, it is about more than just skills and training, it's about building self-confidence and a strong sense of self.

Relationships Matter

Each resident is paired with a personal coach who will know the ins and outs of every facet of the resident's life - from the resident's daily schedule and habits to medical needs to likes and dislikes. In reality, the coach is an on-site parent to the resident serving as both a guide and a consistent form of support.

A coach will have daily check-ins with the resident to ensure the expectation of exceptional care at Red's Place is being upheld. Similarly, the coach will provide regular updates to loved ones regarding resident growth, development, and engagement within the larger community.

Coaches coordinate resident services such as therapies, transportation to appointments and activities, and participation in recreational and professional opportunities.

The purpose of the coach is to provide a tailored system of support for the resident that meets their needs and helps them further their independence.

Example Interactions with a Red's Place Coach

Sunday: Reminder to prepare for the coming week – review the café menu, clean apartment, and take out trash.

Monday: Morning check-in during breakfast with brief reminder of day's activities, talk through any difficulties that arose over the weekend.

Tuesday: Morning check-in, on-site work check-in and observation

Wednesday: Conversation about personal learning plan to review short-term and long-term milestone progress, grab some popcorn and watch the weekly movie in the theater.

Thursday: Debrief de-escalation in the sensory room, gain deeper understanding of triggers and create routine to help self-regulate.

Friday: Meet with coach to go over schedule for the following week - determine transportation that is needed, identify off-site activities of interest.

Saturday: Go on the group skiing trip to Afton or check out the farmers market.

On-site Supports and Opportunities:

- Building design creates opportunities for natural engagement over meals and activities
- Personal coach to serve as advocate and liaison
- Dedicated wing for life and job skills training
- In-house career paths in culinary, sales, and customer engagement
- Facilitation of off-site transportation for school, work, and recreation
- Strong community partnerships for on-the-job training

On-site Amenities:

- Sensory rooms strategically placed throughout the building
- Community-maintained garden
- Protected interior courtyard with walking trail and recreation areas
- 24-hour building staff
- Indoor/outdoor gym space for individual and group fitness



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